

# Worship-Based Prayers

*Our desire is that our prayers be worship-based, Spirit-led, word-focused, and faith-filled.*

In a group prayer setting there are several ways to incorporate these six steps. One way is to introduce the step with Scripture reading and a song, then use conversational sentence prayers to express your heart to God on the specific matter before you. Another way is to assign someone in the group to lead in prayer for that area. Their's will be a longer prayer than seeks to be exhaustive in praise, thanksgiving, etc. If you have six people in the group each can take on category, if you are just three, then alternate each taking one from each section - focus on God, and focus on self.

*“Priming the Pump” – Scripture and Songs prime the pump of prayer. We often find ourselves dull and unmotivated in prayer. It is helpful to have a specific plan to follow to keep yourselves from wandering aimlessly in a labyrinth of intercessory prayer. Use this prayer plan to help guide yourself into times of refreshing from the Lord. As you follow this biblical prayer pattern you will discover yourself enjoying prayer and wanting more.*

Step	Cycle 1	Cycle 2	Cycle 3	Cycle 4	Cycle 5	Cycle 6	Cycle 7
<b>Silence</b>	Ps 46:10	Ps 4:4	Is 30:15,17	Is 41:1	I Kgs 19:12	Hab 2:20	Zeph 1:7
<b>Worship</b>	Ps 8	Ps 100	Ps 145	Ps 148-150	Ps 106	Rev 1:10-18	Rev 5
<b>Thanks</b>	Ps 107	Ps 139	Ps 105	Ps 103	Ps 118	Ps 92	Ps 34
<b>Confess</b>	Is 6:1-8	Ps 51	Dan 9	I John 1	Romans 7	Rev 3:14-22	Ps 139
<b>Clothe</b>	Ps 91	Is 54:1-17	Eph 6:10-18	Zech 3:1-5	Is 51:11-16	Is 43:1-7	Is 44:1-3,21-24
<b>Cast</b>	Ps 23	Mt 6:19-33	Ps 37	Ps 34	Is 40:28-31	2 Chr 7:14-16	Jer 29:11-14

## Preparation in Silence

Sweet Hour of Prayer  
More Love to Thee  
My Jesus, I Love Thee  
We Are Standing on Holy Ground  
This Is Holy Ground  
As the Deer  
In the Garden  
Turn Your Eyes Upon Jesus

## Worship God's Name (Hymns)

All Hail the Power  
To God Be the Glory  
Praise to the Lord, the Almighty  
Come, Thou Fount  
O Worship the King

## Exaltation

Holy Holy (chorus)  
Holy, Holy, Holy (hymn)  
He is Lord  
We Worship and Adore You  
Bless the Lord O My Soul  
Be Exalted, O God  
Glorify Thy Name

## Adoration

I Exalt Thee  
My Jesus, I Love Thee  
I Love You Lord  
Thou Art Worthy  
Blessed Be The Name of the Lord  
His Name Is Wonderful  
All Hail King Jesus

## Thanksgiving

Great Is Thy Faithfulness  
And Can it Be  
It is Well With My Soul  
Thank You Lord for Saving My Soul  
Give Thanks With a Grateful Heart  
How Great Thou Art

## Cares & Burdens

I Cast All My Cares Upon You.  
Burdens Are Lifted At Calvary  
No One Understands Like Jesus  
What a Friend We Have in Jesus  
God Will Take Care of You  
Only Believe  
I Believe in Miracles  
Lord's Prayer

## Examination

Jesus, I Come  
Just as I Am  
Search Me O God  
Be Thou My Vision  
Take Time to Be Holy  
Open Our Eyes Lord

## Confession & Consecration

Take My Life and Let it Be  
In My Life (Be Glorified)  
Dear Lord and Father of Mankind  
According To Thy Loving Kindness Father  
Refiners Fire (Purify My Heart)  
Change My Heart O God  
Create In Me A Clean Heart  
Draw Me Close To You

*These are not all the songs that could go with each section. Compile your own list that are easy to sing and culturally relevant in your context.*

# Worship-Based Prayers

*Our desire is that our prayers be worship-based, Spirit-led, Word-focused, faith-filled, holy-surrendered to God.*

The following is a suggested guide to praying together or individually. It can be used very effectively to guide your prayer meeting into new disciplines of prayer. Do not be in a hurry to get to “requesting or petitioning.” Let us enter his be careful to enter into His Courts with thanksgiving and praise (Ps 100). This also can be a very effective guide to intercession. Let the last step guide you into intercession.

## Day 1

The suggested Scripture may be read as an entire chapter or just a verse or two, but let the Lord lead you into prayer with His word. The song is a suggestion, you may have other songs that come to mind that are even more appropriate. Let the Lord lead you.

Step	Lord's Prayer	Scripture	Songs
<b>Silence</b>	<i>Our Father</i>	Ps 46:10	Be Still My Soul
<b>Worship</b>	<i>Who art in heaven hallowed be thy name</i>	Ps 8	Name Above All Names
<b>Thanks</b>	<i>Thy kingdom come, thy will be done (and is)</i>	Ps 107	Give Thanks
<b>Confess</b>	<i>Forgive us our debts, as we forgive our debtors</i>	Is 6:1-8	Hide Me In Your Holiness
<b>Clothe</b>	<i>Deliver us from evil</i>	Ps 91	Soldiers of Christ Arise
<b>Cast</b>	<i>Give us this day our daily bread</i>	Ps 23	I Cast All My Care Upon You

## Day 2

The suggested Scripture may be read as an entire chapter or just a verse or two, but let the Lord lead you into prayer with His word. The song is a suggestion, you may have other songs that come to mind that are even more appropriate. Let the Lord lead you.

Step	Lord's Prayer	Scripture	Songs
<b>Silence</b>	<i>Our Father</i>	Ps 4:4	I Come To the Garden
<b>Worship</b>	<i>Who art in heaven hallowed be thy name</i>	Ps 100	I Love You Lord
<b>Thanks</b>	<i>Thy kingdom come, thy will be done (and is)</i>	Ps 139	Great Is Thy Faithfulness
<b>Confess</b>	<i>Forgive us our debts, as we forgive our debtors</i>	Ps 51	Search Me O God
<b>Clothe</b>	<i>Deliver us from evil</i>	Is 54:1-17	A Mighty Fortress
<b>Cast</b>	<i>Give us this day our daily bread</i>	Mt 6:19-33	What a Friend

### Day 3

The suggested Scripture may be read as an entire chapter or just a verse or two, but let the Lord lead you into prayer with His word. The song is a suggestion, you may have other songs that come to mind that are even more appropriate. Let the Lord lead you.

Step	Lord's Prayer	Scripture	Songs
<b>Silence</b>	<i>Our Father</i>	Is 30:15,17	Sweet Hour of Prayer
<b>Worship</b>	<i>Who art in heaven hollowed be thy name</i>	Ps 145	Holy, Holy, Holy
<b>Thanks</b>	<i>Thy kingdom come, thy will be done (and is)</i>	Ps 105	And Can It Be
<b>Confess</b>	<i>Forgive us our debts, as we forgive our debtors</i>	Dan 9	Change My Heart O God
<b>Clothe</b>	<i>Deliver us from evil</i>	Eph 6:10-18	Fill Me Now
<b>Cast</b>	<i>Give us this day our daily bread</i>	Ps 37	Burdens Are Lifted

### Day 4

Step	Lord's Prayer	Scripture	Songs
<b>Silence</b>	<i>Our Father</i>	Is 41:1	As the Deer
<b>Worship</b>	<i>Who art in heaven hollowed be thy name</i>	Ps 148-150	He is Lord
<b>Thanks</b>	<i>Thy kingdom come, thy will be done (and is)</i>	Ps 103	God Is So Good
<b>Confess</b>	<i>Forgive us our debts, as we forgive our debtors</i>	I John 1	Dear Lord and Father of Mankind
<b>Clothe</b>	<i>Deliver us from evil</i>	Zech 3:1-5	Spirit of the Living God Fall Fresh on Me
<b>Cast</b>	<i>Give us this day our daily bread</i>	Ps 34	Only Believe

### Day 5

Step	Lord's Prayer	Scripture	Songs
<b>Silence</b>	<i>Our Father</i>	I Kgs 19:12	My Jesus, I Love Thee
<b>Worship</b>	<i>Who art in heaven hollowed be thy name</i>	Ps 106	Bless the Lord O My Soul
<b>Thanks</b>	<i>Thy kingdom come, thy will be done (and is)</i>	Ps 118	Thank You Lord for Saving My Soul
<b>Confess</b>	<i>Forgive us our debts, as we forgive our debtors</i>	Romans 7	Refiners Fire (Purify My Heart)
<b>Clothe</b>	<i>Deliver us from evil</i>	Is 51:11-16	I Surrender All
<b>Cast</b>	<i>Give us this day our daily bread</i>	Is 40:28-31	Turn Your Eyes Upon Jesus

## Day 6

The suggested Scripture may be read as an entire chapter or just a verse or two, but let the Lord lead you into prayer with His word. The song is a suggestion, you may have other songs that come to mind that are even more appropriate. Let the Lord lead you.

Step	Lord's Prayer	Scripture	Songs
<b>Silence</b>	<i>Our Father</i>	Hab 2:20	We Are Standing on Holy Ground
<b>Worship</b>	<i>Who art in heaven hallowed be thy name</i>	Rev 1:10-18	Thou Art Worthy
<b>Thanks</b>	<i>Thy kingdom come, thy will be done (and is)</i>	Ps 92	Now Thank We All Our God
<b>Confess</b>	<i>Forgive us our debts, as we forgive our debtors</i>	Rev 3:14-22	Create In Me A Clean Heart
<b>Clothe</b>	<i>Deliver us from evil</i>	Is 43:1-7	It Is Well
<b>Cast</b>	<i>Give us this day our daily bread</i>	2 Chr 7:14-16	The Lord's Prayer

## Day 7

Step	Lord's Prayer	Scripture	Songs
<b>Silence</b>	<i>Our Father</i>	Zeph 1:7	This Is Holy Ground
<b>Worship</b>	<i>Who art in heaven hallowed be thy name</i>	Rev 5	Be Exalted, O God, or To God Be the Glory
<b>Thanks</b>	<i>Thy kingdom come, thy will be done (and is)</i>	Ps 34	It is Well With My Soul
<b>Confess</b>	<i>Forgive us our debts, as we forgive our debtors</i>	Ps 139	Just As I Am
<b>Clothe</b>	<i>Deliver us from evil</i>	Is 44:1-3,21-24	O Boundless Salvation
<b>Cast</b>	<i>Give us this day our daily bread</i>	Jer 29:11-14	Burdens Are Lifted At Calvary

## Session 1 – Worship & Scripture-Based Prayers

God guides us into prayer with His word. Each step agrees with the Lord's Prayer and is always useful and helpful for guiding congregations and individuals into prayer. "*Speaking one to another is psalms, hymns, spiritual songs, singing and making melody in your heart to the Lord.*"

Step	Lord's Prayer	Scripture	Songs
<b>Be Still</b>	<i>Our Father</i>	Ps 46:10-11 Be still, and know that I <i>am</i> God: I will be exalted among the heathen, I will be exalted in the earth. The LORD of hosts <i>is</i> with us; the God of Jacob <i>is</i> our refuge.  Matthew 23:37 O Jerusalem, Jerusalem ... how often would I have gathered thy children together, even as a hen gathereth her chickens under <i>her</i> wings, and <u>ye would not!</u>	Be Still My Soul Sweet Hour of Prayer As the Deer In The Garden Open My Eyes Lord Turn Your Eyes Upon Jesus
<b>Be Worshipful</b>	<i>Who art in heaven hollowed be thy name</i>	Ps 8:1-9 O LORD our Lord, how excellent <i>is</i> thy name in all the earth! who hast set thy glory above the heavens. Out of the mouth of babes and sucklings hast thou ordained strength because of thine enemies, that thou mightest still the enemy and the avenger. When I consider thy heavens, the work of thy fingers, the moon and the stars, which thou hast ordained; What is man, that thou art mindful of him? and the son of man, that thou visitest him? For thou hast made him a little lower than the angels, and hast crowned him with glory and honour. Thou madest him to have dominion over the works of thy hands; thou hast put all <i>things</i> under his feet: All sheep and oxen, yea, and the beasts of the field; The fowl of the air, and the fish of the sea, <i>and whatsoever</i> passeth through the paths of the seas. O LORD our Lord, how excellent <i>is</i> thy name in all the earth!	I Love You Lord Thou Art Worthy Bless the Lord O My Soul Name Above All Names His Name Is Wonderful Holy, Holy, Holy How Great Thou Art
<b>Be Thankful</b>	<i>Thy kingdom come, thy will be done (and is)</i>	Ps 107:1-9 O give thanks unto the LORD, for <i>he is</i> good: for his mercy <i>endureth</i> for ever. 2 Let the redeemed of the LORD say <i>so</i> , whom he hath redeemed from the hand of the enemy; 3 And gathered them out of the lands, from the east, and from the west, from the north, and from the south. 4 They wandered in the wilderness in a solitary way; they found no city to dwell in. 5 Hungry and thirsty, their soul fainted in them. 6 Then they cried unto the LORD in their trouble, <i>and</i> he delivered them out of their distresses. 7 And he led them forth by the right way, that they might go to a city of habitation. 8 Oh that <i>men</i> would praise the LORD <i>for</i> his goodness, and <i>for</i> his wonderful works to the children of men! 9 For he satisfieth the longing soul, and filleth the hungry soul with goodness.	Isn't He Wonderful Isn't He In His Time Give Thanks How Great Thou Art Great Is Thy Faithfulness Thank You Jesus, Allelujah
<b>Confess Sin</b>	<i>Forgive us our debts, as we forgive our debtors</i>	Is 6:1-7 In the year that king Uzziah died I saw also the Lord sitting upon a throne, high and lifted up, and his train filled the temple. 2 Above it stood the seraphims: each one had six wings; with twain he covered his face, and with twain he covered his feet, and with twain he did fly. 3 And one cried unto another, and said, Holy, holy, holy, <i>is</i> the LORD of hosts: the whole earth <i>is</i> full of his glory. 4 And the posts of the door moved at the voice of him that cried, and the house was filled with smoke. 5 Then said I, Woe is me! for I am undone; because I <i>am</i> a man of unclean lips, and I dwell in the midst of a people of unclean lips: for mine eyes have seen the King, the LORD of hosts. 6 Then flew one of the seraphims unto me, having a live coal in his hand, <i>which</i> he had taken with the tongs from off the altar: 7 And he laid <i>it</i> upon my mouth, and said, Lo, this hath touched thy lips; and thine iniquity is taken away, and thy sin purged.	Hide Me In Your Holiness Change My Heart O God Search Me O God Spirit of Living God Fall Refiners Fire Just As I Am According To Lovingkindness
<b>Clothe Self</b>	<i>Deliver us from evil</i>	Ps 91 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty. 2 I will say of the LORD, <i>He is</i> my refuge and my fortress: my God; in him will I trust. 3 Surely he shall deliver thee from the snare of the fowler, <i>and</i> from the noisome pestilence. 4 He shall cover thee with his feathers, and under his wings shalt thou trust: his truth <i>shall be</i> thy shield and buckler. 5 Thou shalt not be afraid for the terror by night; <i>nor</i> for the arrow <i>that</i> flieth by day; 6 <i>Nor</i> for the pestilence <i>that</i> walketh in darkness; <i>nor</i> for the destruction <i>that</i> wasteth at noonday. 7 A thousand shall fall at thy side, and ten thousand at thy right hand; <i>but</i> it shall not come nigh thee.	Have Thine Own Way Lord Calvary Covers It All It is Well A Mighty Fortress Soldiers of Christ Arise I Surrender All
<b>Cast Care</b>	<i>Give us this day our daily bread</i>	Ps 23 The LORD <i>is</i> my shepherd; I shall not want. 2 He maketh me to lie down in green pastures: he leadeth me beside the still waters. 3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake. 4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou <i>art</i> with me; thy rod and thy staff they comfort me. 5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over. 6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.	I Cast All My Care Burdens Are Lifted Only Believe Turn Your Eyes Upon Jesus Lord's Prayer

## Session 2 – Worship & Scripture-Based Prayers

God guides us into prayer with His word. Each step agrees with the Lord's Prayer and is always useful and helpful for guiding congregations and individuals into prayer. "Speaking one to another is psalms, hymns, spiritual songs, singing and making melody in your heart to the Lord."

Step	Lord's Prayer	Scripture	Songs
<b>Be Still</b>	<i>Our Father</i>	Ps 4:4 Stand in awe, and sin not: commune with your own heart upon your bed, and be still. 5 Offer the sacrifices of righteousness, and put your trust in the LORD.  Isaiah 30:15 For thus saith the Lord GOD, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength: and <u>ye would not</u> .	Be Still My Soul Sweet Hour of Prayer As the Deer In The Garden Open My Eyes Lord Turn Your Eyes Upon Jesus
<b>Be Worshipful</b>	<i>Who art in heaven hollowed be thy name</i>	Ps 100 Make a joyful noise unto the LORD, all ye lands. 2 Serve the LORD with gladness: come before his presence with singing. 3 Know ye that the LORD he is God: it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture. 4 Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name. 5 For the LORD is good; his mercy is everlasting; and his truth endureth to all generations.	I Love You Lord Thou Art Worthy Bless the Lord O My Soul Name Above All Names His Name Is Wonderful Holy, Holy, Holy How Great Thou Art
<b>Be Thankful</b>	<i>Thy kingdom come, thy will be done (and is)</i>	Ps 139:1-12 1 O LORD, thou hast searched me, and known me. 2 Thou knowest my downsitting and mine uprising, thou understandest my thought afar off. 3 Thou compassest my path and my lying down, and art acquainted with all my ways. 4 For there is not a word in my tongue, but, lo, O LORD, thou knowest it altogether. 5 Thou hast beset me behind and before, and laid thine hand upon me. 6 Such knowledge is too wonderful for me; it is high, I cannot attain unto it. 7 Whither shall I go from thy spirit? or whither shall I flee from thy presence? 8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there. 9 If I take the wings of the morning, and dwell in the uttermost parts of the sea; 10 Even there shall thy hand lead me, and thy right hand shall hold me.	Isn't He Wonderful Isn't He In His Time Give Thanks Great Is Thy Faithfulness Thank You Jesus, Allelujah
<b>Confess Sin</b>	<i>Forgive us our debts, as we forgive our debtors</i>	Ps 51:1-6 Have mercy upon me, O God, according to thy lovingkindness: according unto the multitude of thy tender mercies blot out my transgressions. 2 Wash me thoroughly from mine iniquity, and cleanse me from my sin. 3 For I acknowledge my transgressions: and my sin is ever before me. 4 Against thee, thee only, have I sinned, and done this evil in thy sight: that thou mightest be justified when thou speakest, and be clear when thou judgest. 5 Behold, I was shapen in iniquity; and in sin did my mother conceive me.	Hide Me In Your Holiness Change My Heart O God Search Me O God Spirit of Living God Fall Refiners Fire Just As I Am Accord. To Lovingkindness
<b>Clothe Self</b>	<i>Deliver us from evil</i>	Is 54:16-17 6 Behold, I have created the smith that bloweth the coals in the fire, and that bringeth forth an instrument for his work; and I have created the waster to destroy. 17 No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the LORD, and their righteousness is of me, saith the LORD.	Have Thine Own Way Lord Calvary Covers It All It is Well A Mighty Fortress Soldiers of Christ Arise I Surrender All
<b>Cast Care</b>	<i>Give us this day our daily bread</i>	Mt 6:25 Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment? 26 Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they? Consider the lilies of the field, how they grow; they toil not, neither do they spin: 29 And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these. 30 Wherefore, if God so clothe the grass of the field, which to day is, and to morrow is cast into the oven, shall he not much more clothe you, O ye of little faith? 31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? Or, Wherewithal shall we be clothed? 32 for your heavenly Father knoweth that ye have need of all these things. 33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.	I Cast All My Care Burdens Are Lifted Only Believe Turn Your Eyes Upon Jesus Lord's Prayer What A Friend We Have He Is Able I Believe in Miracles

## Session 3 – Worship & Scripture-Based Prayers

God guides us into prayer with His word. Each step agrees with the Lord's Prayer and is always useful and helpful for guiding congregations and individuals into prayer. "Speaking one to another is psalms, hymns, spiritual songs, singing and making melody in your heart to the Lord."

Step	Lord's Prayer	Scripture	Songs
<b>Be Still</b>	<i>Our Father</i>	Is 30:15-8 For thus saith the Lord GOD, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength: and ye would not. 16 But ye said, No; for we will flee upon horses; therefore shall ye flee: and, We will ride upon the swift; therefore shall they that pursue you be swift. 17 One thousand shall flee at the rebuke of one; at the rebuke of five shall ye flee: till ye be left as a beacon upon the top of a mountain, and as an ensign on an hill. 18 And therefore will the LORD wait, that he may be gracious unto you, and therefore will he be exalted, that he may have mercy upon you: for the LORD is a God of judgment: <u>blessed are all they that wait for him.</u>	Be Still My Soul Sweet Hour of Prayer As the Deer In The Garden Open My Eyes Lord Turn Your Eyes Upon Jesus
<b>Be Worshipful</b>	<i>Who art in heaven hollowed be thy name</i>	Ps 145 I will extol thee, my God, O king; and I will bless thy name for ever and ever. 2 Every day will I bless thee; and I will praise thy name for ever and ever. 3 Great is the LORD, and greatly to be praised; and his greatness is unsearchable. 4 One generation shall praise thy works to another, and shall declare thy mighty acts. 5 I will speak of the glorious honour of thy majesty, and of thy wondrous works. 6 And men shall speak of the might of thy terrible acts: and I will declare thy greatness. 7 They shall abundantly utter the memory of thy great goodness, and shall sing of thy righteousness. 8 The LORD is gracious, and full of compassion; slow to anger, and of great mercy. 9 The LORD is good to all: and his tender mercies are over all his works.	I Love You Lord Thou Art Worthy Bless the Lord O My Soul Name Above All Names His Name Is Wonderful Holy, Holy, Holy How Great Thou Art
<b>Be Thankful</b>	<i>Thy kingdom come, thy will be done (and is)</i>	Ps 105 1 O give thanks unto the LORD; call upon his name: make known his deeds among the people. 2 Sing unto him, sing psalms unto him: talk ye of all his wondrous works. 3 Glory ye in his holy name: let the heart of them rejoice that seek the LORD. 4 Seek the LORD, and his strength: seek his face evermore. 5 Remember his marvellous works that he hath done; his wonders, and the judgments of his mouth; 6 O ye seed of Abraham his servant, ye children of Jacob his chosen. 7 He is the LORD our God: his judgments are in all the earth.	Isn't He Wonderful Isn't He In His Time Give Thanks Great Is Thy Faithfulness Thank You Jesus, Allelujah
<b>Confess Sin</b>	<i>Forgive us our debts, as we forgive our debtors</i>	Dan 9:4 And I prayed unto the LORD my God, and made my confession, and said, O Lord, the great and dreadful God, keeping the covenant and mercy to them that love him, and to them that keep his commandments; 5 We have sinned, and have committed iniquity, and have done wickedly, and have rebelled, even by departing from thy precepts and from thy judgments: 6 Neither have we hearkened unto thy servants the prophets, which spake in thy name to our kings, our princes, and our fathers, and to all the people of the land. 7 O Lord, righteousness belongeth unto thee, but unto us confusion of faces... 8 O Lord, to us belongeth confusion of face, to our kings, to our princes, and to our fathers, because we have sinned against thee. 9 To the Lord our God belong mercies and forgivenesses, though we have rebelled against him;	Hide Me In Your Holiness Change My Heart O God Search Me O God Spirit of Living God Fall Refiners Fire Just As I Am According To Lovingkindness
<b>Clothe Self</b>	<i>Deliver us from evil</i>	Eph 6:10-1810 Finally, my brethren, be strong in the Lord, and in the power of his might. 11 Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. 12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. 13 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. 14 Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; 15 And your feet shod with the preparation of the gospel of peace; 16 Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. 17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God: 18 Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;	Have Thine Own Way Lord Calvary Covers It All It is Well A Mighty Fortress Soldiers of Christ Arise I Surrender All
<b>Cast Care</b>	<i>Give us this day our daily bread</i>	Ps 37 Trust in the LORD, and do good; so shalt thou dwell in the land, and verily thou shalt be fed. 4 Delight thyself also in the LORD; and he shall give thee the desires of thine heart. 5 Commit thy way unto the LORD; trust also in him; and he shall bring it to pass. 6 And he shall bring forth thy righteousness as the light, and thy judgment as the noonday. 7 Rest in the LORD, and wait patiently for him:	I Cast All My Care Burdens Are Lifted Only Believe Turn Your Eyes Upon Jesus Lord's Prayer What A Friend We Have I Believe in Miracles

## Session 4 – Worship & Scripture-Based Prayers

God guides us into prayer with His word. Each step agrees with the Lord's Prayer and is always useful and helpful for guiding congregations and individuals into prayer. "Speaking one to another is psalms, hymns, spiritual songs, singing and making melody in your heart to the Lord."

Step	Lord's Prayer	Scripture	Songs
<b>Be Still</b>	<i>Our Father</i>	Is 41:11 Keep silence before me, O islands; and let the people renew their strength: let them come near; then let them speak: let us come near together to judgment.	Be Still My Soul Sweet Hour of Prayer As the Deer In The Garden Open My Eyes Lord Turn Your Eyes Upon Jesus
<b>Be Worshipful</b>	<i>Who art in heaven hollowed be thy name</i>	Ps 148:1 Praise ye the LORD. Praise ye the LORD from the heavens: praise him in the heights. 2 Praise ye him, all his angels: praise ye him, all his hosts. 3 Praise ye him, sun and moon: praise him, all ye stars of light. 4 Praise him, ye heavens of heavens, and ye waters that be above the heavens. 5 Let them praise the name of the LORD: for he commanded, and they were created. 6 He hath also stablished them for ever and ever: he hath made a decree which shall not pass.	I Love You Lord Thou Art Worthy Bless the Lord O My Soul Name Above All Names His Name Is Wonderful Holy, Holy, Holy How Great Thou Art
<b>Be Thankful</b>	<i>Thy kingdom come, thy will be done (and is)</i>	Ps 103:1 Bless the LORD, O my soul: and all that is within me, bless his holy name. 2 Bless the LORD, O my soul, and forget not all his benefits: 3 Who forgiveth all thine iniquities; who healeth all thy diseases; 4 Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies; 5 Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's.	Isn't He Wonderful Isn't He In His Time Give Thanks Great Is Thy Faithfulness Thank You Jesus, Allelujah
<b>Confess Sin</b>	<i>Forgive us our debts, as we forgive our debtors</i>	I John 1:8 If we say that we have no sin, we deceive ourselves, and the truth is not in us. 9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. 10 If we say that we have not sinned, we make him a liar, and his word is not in us.  I John 5: 18 We know that whosoever is born of God sinneth not; but he that is begotten of God keepeth himself, and that wicked one toucheth him not.	Hide Me In Your Holiness Change My Heart O God Search Me O God Spirit of Living God Fall Refiners Fire Just As I Am According To Lovingkindness
<b>Clothe Self</b>	<i>Deliver us from evil</i>	Zech 3:1 And he shewed me Joshua the high priest standing before the angel of the LORD, and Satan standing at his right hand to resist him. 2 And the LORD said unto Satan, The LORD rebuke thee, O Satan; even the LORD that hath chosen Jerusalem rebuke thee: is not this a brand plucked out of the fire? 3 Now Joshua was clothed with filthy garments, and stood before the angel. 4 And he answered and spake unto those that stood before him, saying, Take away the filthy garments from him. And unto him he said, Behold, I have caused thine iniquity to pass from thee, and I will clothe thee with change of raiment. 5 And I said, Let them set a fair mitre upon his head. So they set a fair mitre upon his head, and clothed him with garments. And the angel of the LORD stood by.	Have Thine Own Way Lord Calvary Covers It All It is Well A Mighty Fortress Soldiers of Christ Arise I Surrender All
<b>Cast Care</b>	<i>Give us this day our daily bread</i>	Ps 34:1 I will bless the LORD at all times: his praise shall continually be in my mouth. 2 My soul shall make her boast in the LORD: the humble shall hear thereof, and be glad. 3 O magnify the LORD with me, and let us exalt his name together. 4 I sought the LORD, and he heard me, and delivered me from all my fears. 5 They looked unto him, and were lightened: and their faces were not ashamed. 6 This poor man cried, and the LORD heard him, and saved him out of all his troubles. 7 The angel of the LORD encampeth round about them that fear him, and delivereth them. 8 O taste and see that the LORD is good: blessed is the man that trusteth in him. 9 O fear the LORD, ye his saints: for there is no want to them that fear him. 10 The young lions do lack, and suffer hunger: but they that seek the LORD shall not want any good thing.	I Cast All My Care Burdens Are Lifted Only Believe Turn Your Eyes Upon Jesus Lord's Prayer What A Friend We Have He Is Able I Believe in Miracles



## Session 5 – Worship & Scripture-Based Prayers

God guides us into prayer with His word. Each step agrees with the Lord's Prayer and is always useful and helpful for guiding congregations and individuals into prayer. "Speaking one to another is psalms, hymns, spiritual songs, singing and making melody in your heart to the Lord."

Step	Lord's Prayer	Scripture	Songs
<b>Be Still</b>	<i>Our Father</i>	1 Kgs 19:11 And he said, Go forth, and stand upon the mount before the LORD. And, behold, the LORD passed by, and a great and strong wind rent the mountains, and brake in pieces the rocks before the LORD; but the LORD was not in the wind: and after the wind an earthquake; but the LORD was not in the earthquake: 12 And after the earthquake a fire; but the LORD was not in the fire: and after the fire a still small voice.	Be Still My Soul Sweet Hour of Prayer As the Deer In The Garden Open My Eyes Lord Turn Your Eyes Upon Jesus
<b>Be Worshipful</b>	<i>Who art in heaven hollowed be thy name</i>	Ps 106:1 Praise ye the LORD. O give thanks unto the LORD; for he is good: for his mercy endureth for ever. 2 Who can utter the mighty acts of the LORD? who can shew forth all his praise? 3 Blessed are they that keep judgment, and he that doeth righteousness at all times. 4 Remember me, O LORD, with the favour that thou bearest unto thy people: O visit me with thy salvation; 5 That I may see the good of thy chosen, that I may rejoice in the gladness of thy nation, that I may glory with thine inheritance....10 And he saved them from the hand of him that hated them, and redeemed them from the hand of the enemy. 11 And the waters covered their enemies: there was not one of them left. 12 Then believed they his words; they sang his praise.	I Love You Lord Thou Art Worthy Bless the Lord O My Soul Name Above All Names His Name Is Wonderful Holy, Holy, Holy How Great Thou Art
<b>Be Thankful</b>	<i>Thy kingdom come, thy will be done (and is)</i>	Ps 118: 1 O give thanks unto the LORD; for he is good: because his mercy endureth for ever. 2 Let Israel now say, that his mercy endureth for ever. 3 Let the house of Aaron now say, that his mercy endureth for ever. 4 Let them now that fear the LORD say, that his mercy endureth for ever. 5 I called upon the LORD in distress: the LORD answered me, and set me in a large place. 6 The LORD is on my side; I will not fear: what can man do unto me? 7 The LORD taketh my part with them that help me: therefore shall I see my desire upon them that hate me. 8 It is better to trust in the LORD than to put confidence in man. 9 It is better to trust in the LORD than to put confidence in princes.	Isn't He Wonderful Isn't He In His Time Give Thanks Great Is Thy Faithfulness Thank You Jesus, Allelujah
<b>Confess Sin</b>	<i>Forgive us our debts, as we forgive our debtors</i>	Romans 7: 14 For we know that the law is spiritual: but I am carnal, sold under sin. 15 For that which I do I allow not: for what I would, that do I not; but what I hate, that do I. 16 If then I do that which I would not, I consent unto the law that it is good. 17 Now then it is no more I that do it, but sin that dwelleth in me. 18 For I know that in me (that is, in my flesh,) dwelleth no good thing: for to will is present with me; but how to perform that which is good I find not. 19 For the good that I would I do not: but the evil which I would not, that I do. 20 Now if I do that I would not, it is no more I that do it, but sin that dwelleth in me. 21 I find then a law, that, when I would do good, evil is present with me. 22 For I delight in the law of God after the inward man: 23 But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members. 24 O wretched man that I am! who shall deliver me from the body of this death?	Hide Me In Your Holiness Change My Heart O God Search Me O God Spirit of Living God Fall Refiners Fire Just As I Am According To Lovingkindness
<b>Clothe Self</b>	<i>Deliver us from evil</i>	Is 51:11 Therefore the redeemed of the LORD shall return, and come with singing unto Zion; and everlasting joy shall be upon their head: they shall obtain gladness and joy; and sorrow and mourning shall flee away. 12 I, even I, am he that comforteth you: who art thou, that thou shouldest be afraid of a man that shall die, and of the son of man which shall be made as grass; 13 And forgettest the LORD thy maker, that hath stretched forth the heavens, and laid the foundations of the earth; and hast feared continually every day because of the fury of the oppressor, as if he were ready to destroy? and where is the fury of the oppressor? 14 The captive exile hasteneth that he may be loosed, and that he should not die in the pit, nor that his bread should fail. 15 But I am the LORD thy God, that divided the sea, whose waves roared: The LORD of hosts is his name.	Have Thine Own Way Lord Calvary Covers It All It is Well A Mighty Fortress Soldiers of Christ Arise I Surrender All
<b>Cast Care</b>	<i>Give us this day our daily bread</i>	Is 40:28-3128 Hast thou not known? hast thou not heard, that the everlasting God, the LORD, the Creator of the ends of the earth, fainteth not, neither is weary? there is no searching of his understanding. 29 He giveth power to the faint; and to them that have no might he increaseth strength. 30 Even the youths shall faint and be weary, and the young men shall utterly fall: 31 But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.	I Cast All My Care Burdens Are Lifted Only Believe Turn Your Eyes Upon Jesus Lord's Prayer What A Friend We Have I Believe in Miracles

## Session 6 – Worship & Scripture-Based Prayers

God guides us into prayer with His word. Each step agrees with the Lord's Prayer and is always useful and helpful for guiding congregations and individuals into prayer. "Speaking one to another is psalms, hymns, spiritual songs, singing and making melody in your heart to the Lord."

Step	Lord's Prayer	Scripture	Songs
<b>Be Still</b>	<i>Our Father</i>	Hab 2:20 But the LORD <i>is</i> in his holy temple: let all the earth keep silence before him.	Be Still My Soul Sweet Hour of Prayer As the Deer In The Garden Open My Eyes Lord Turn Your Eyes Upon Jesus
<b>Be Worshipful</b>	<i>Who art in heaven hollowed be thy name</i>	Rev 1:10 I was in the Spirit on the Lord's day, and heard behind me a great voice, as of a trumpet, 11 Saying, I am Alpha and Omega, the first and the last: ... 12 And I turned to see the voice that spake with me. And being turned, I saw seven golden candlesticks; 13 And in the midst of the seven candlesticks one like unto the Son of man, clothed with a garment down to the foot, and girt about the paps with a golden girdle. 14 His head and his hairs were white like wool, as white as snow; and his eyes were as a flame of fire; 15 And his feet like unto fine brass, as if they burned in a furnace; and his voice as the sound of many waters. 16 And he had in his right hand seven stars: and out of his mouth went a sharp twoedged sword: and his countenance was as the sun shineth in his strength. 17 And when I saw him, I fell at his feet as dead. And he laid his right hand upon me, saying unto me, Fear not; I am the first and the last: 18 I am he that liveth, and was dead; and, behold, I am alive for evermore, Amen; and have the keys of hell and of death.	I Love You Lord Thou Art Worthy Bless the Lord O My Soul Name Above All Names His Name Is Wonderful Holy, Holy, Holy How Great Thou Art
<b>Be Thankful</b>	<i>Thy kingdom come, thy will be done (and is)</i>	Ps 92:1 It is a good thing to give thanks unto the LORD, and to sing praises unto thy name, O most High: 2 To shew forth thy lovingkindness in the morning, and thy faithfulness every night, 3 Upon an instrument of ten strings, and upon the psaltery; upon the harp with a solemn sound. 4 For thou, LORD, hast made me glad through thy work: I will triumph in the works of thy hands. 5 O LORD, how great are thy works! and thy thoughts are very deep.	Isn't He Wonderful Isn't He In His Time Give Thanks Great Is Thy Faithfulness Thank You Jesus, Allelujah
<b>Confess Sin</b>	<i>Forgive us our debts, as we forgive our debtors</i>	Rev 3:15 I know thy works, that thou art neither cold nor hot: I would thou wert cold or hot. 16 So then because thou art lukewarm, and neither cold nor hot, I will spue thee out of my mouth. 17 Because thou sayest, I am rich, and increased with goods, and have need of nothing; and knowest not that thou art wretched, and miserable, and poor, and blind, and naked: 18 I counsel thee to buy of me gold tried in the fire, that thou mayest be rich; and white raiment, that thou mayest be clothed, and that the shame of thy nakedness do not appear; and anoint thine eyes with eyesalve, that thou mayest see. 19 As many as I love, I rebuke and chasten: be zealous therefore, and repent.	Hide Me In Your Holiness Change My Heart O God Search Me O God Spirit of Living God Fall Refiners Fire Just As I Am According To Lovingkindness
<b>Clothe Self</b>	<i>Deliver us from evil</i>	Is 43: 1 But now thus saith the LORD that created thee, O Jacob, and he that formed thee, O Israel, Fear not: for I have redeemed thee, I have called thee by thy name; thou art mine. 2 When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee. 3 For I am the LORD thy God, the Holy One of Israel, thy Saviour: ...	Have Thine Own Way Lord Calvary Covers It All It is Well A Mighty Fortress Soldiers of Christ Arise I Surrender All
<b>Cast Care</b>	<i>Give us this day our daily bread</i>	2 Chr 7:14-16:14 If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land. 15 Now mine eyes shall be open, and mine ears attent unto the prayer that is made in this place. 16 For now have I chosen and sanctified this house, that my name may be there for ever: and mine eyes and mine heart shall be there perpetually.	I Cast All My Care Burdens Are Lifted Only Believe Turn Your Eyes Upon Jesus Lord's Prayer What A Friend We Have He Is Able I Believe in Miracles

## Session 7 – Worship & Scripture-Based Prayers

God guides us into prayer with His word. Each step agrees with the Lord's Prayer and is always useful and helpful for guiding congregations and individuals into prayer. "Speaking one to another is psalms, hymns, spiritual songs, singing and making melody in your heart to the Lord."

Step	Lord's Prayer	Scripture	Songs
<b>Be Still</b>	<i>Our Father</i>	Zeph 1:7 Hold thy peace at the presence of the Lord GOD: for the day of the LORD is at hand: for the LORD hath prepared a sacrifice, he hath bid his guests.	Be Still My Soul Sweet Hour of Prayer As the Deer In The Garden Open My Eyes Lord Turn Your Eyes Upon Jesus
<b>Be Worshipful</b>	<i>Who art in heaven hollowed be thy name</i>	Rev 5: 6 And I beheld, and, lo, in the midst of the throne ... stood a Lamb as it had been slain, having seven horns and seven eyes, which are the seven Spirits of God sent forth into all the earth. 7 And he came and took the book out of the right hand of him that sat upon the throne. 8 And when he had taken the book, the four beasts and four and twenty elders fell down before the Lamb, having every one of them harps, and golden vials full of odours, which are the prayers of saints. 9 And they sung a new song, saying, Thou art worthy to take the book, and to open the seals thereof: for thou wast slain, and hast redeemed us to God by thy blood out of every kindred, and tongue, and people, and nation; 10 And hast made us unto our God kings and priests: and we shall reign on the earth. 11 And I beheld, and I heard the voice of many angels round about the throne and the beasts and the elders: and the number of them was ten thousand times ten thousand, and thousands of thousands; 12 Saying with a loud voice, Worthy is the Lamb that was slain to receive power, and riches, and wisdom, and strength, and honour, and glory, and blessing. 13 And every creature which is in heaven, and on the earth, and under the earth, and such as are in the sea, and all that are in them, heard I saying, Blessing, and honour, and glory, and power, be unto him that sitteth upon the throne, and unto the Lamb for ever and ever.	I Love You Lord Thou Art Worthy Bless the Lord O My Soul Name Above All Names His Name Is Wonderful Holy, Holy, Holy How Great Thou Art
<b>Be Thankful</b>	<i>Thy kingdom come, thy will be done (and is)</i>	Ps 34:1 I will bless the LORD at all times: his praise shall continually be in my mouth. 2 My soul shall make her boast in the LORD: the humble shall hear thereof, and be glad. 3 O magnify the LORD with me, and let us exalt his name together. 4 I sought the LORD, and he heard me, and delivered me from all my fears. 5 They looked unto him, and were lightened: and their faces were not ashamed. 6 This poor man cried, and the LORD heard him, and saved him out of all his troubles. 7 The angel of the LORD encampeth round about them that fear him, and delivereth them. 8 O taste and see that the LORD is good: blessed is the man that trusteth in him. 9 O fear the LORD, ye his saints: for there is no want to them that fear him. 10 The young lions do lack, and suffer hunger: but they that seek the LORD shall not want any good thing.	Isn't He Wonderful Isn't He In His Time Give Thanks Great Is Thy Faithfulness Thank You Jesus, Allelujah
<b>Confess Sin</b>	<i>Forgive us our debts, as we forgive our debtors</i>	Ps 139:1 O LORD, thou hast searched me, and known me. 2 Thou knowest my downsitting and mine uprising, thou understandest my thought afar off. 3 Thou compassest my path and my lying down, and art acquainted with all my ways. 4 For there is not a word in my tongue, but, lo, O LORD, thou knowest it altogether. 5 Thou hast beset me behind and before, and laid thine hand upon me. 6 Such knowledge is too wonderful for me; it is high, I cannot attain unto it. 7 Whither shall I go from thy spirit? or whither shall I flee from thy presence? 8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there. 9 If I take the wings of the morning, and dwell in the uttermost parts of the sea; 10 Even there shall thy hand lead me, and thy right hand shall hold me.	Hide Me In Your Holiness Change My Heart O God Search Me O God Spirit of Living God Fall Refiners Fire Just As I Am According To Lovingkindness
<b>Clothe Self</b>	<i>Deliver us from evil</i>	Is 44:1 Yet now hear, O Jacob my servant; and Israel, whom I have chosen: 2 Thus saith the LORD that made thee, and formed thee from the womb, which will help thee; Fear not, O Jacob, my servant; and thou, Jesurun, whom I have chosen. 3 For I will pour water upon him that is thirsty, and floods upon the dry ground: I will pour my spirit upon thy seed, and my blessing upon thine offspring: 22 I have blotted out, as a thick cloud, thy transgressions, and, as a cloud, thy sins: return unto me; for I have redeemed thee.	Have Thine Own Way Lord Calvary Covers It All It is Well A Mighty Fortress Soldiers of Christ Arise I Surrender All
<b>Cast Care</b>	<i>Give us this day our daily bread</i>	Jer 29:11 For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end. 12 Then shall ye call upon me, and ye shall go and pray unto me, and I will hearken unto you. 13 And ye shall seek me, and find me, when ye shall search for me with all your heart.	I Cast All My Care Burdens Are Lifted Only Believe Lord's Prayer I Believe in Miracles